

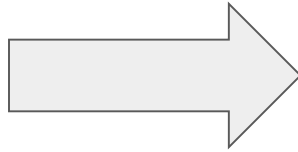
Return to life: psychiatric and social support for veterans and civilians



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The structure of mental health care for the military during the war in Ukraine

- **Gunshot injury**
- **TBI**
- **Concussion**



- **patient is admitted to a hospital**
- **psychiatric examination**



- **Specialized assistance**
- **Instrumental diagnostics**
- **Specialized treatment**



- **Opinion of the Central Medical Commission**
- **Review of combat capability**
- **Rehabilitation**

Principles of separation of patients

Active military

Veterans

Military with
amputation

With
polistructural
arm-injuries

Pharmacological psychiatric treatment

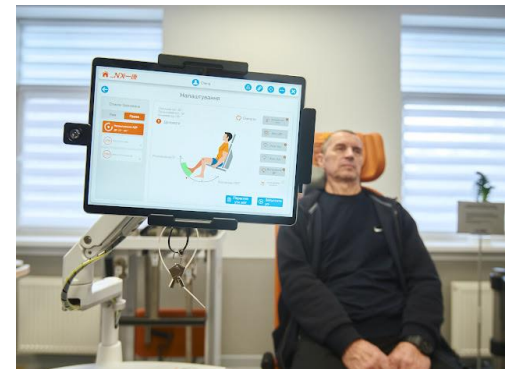
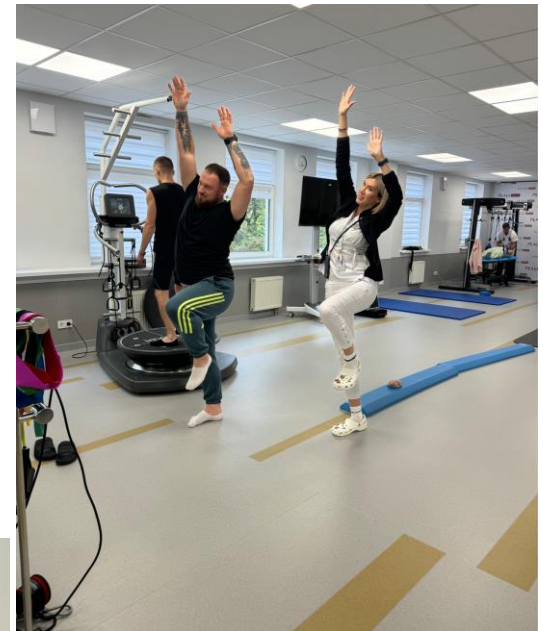
- Group of antidepressants
- Neuropsychotics
- Pregabalin

Treatment Equipment:

- TMS
- VRET

Steps to psychological and physical recovery:

- Rehabilitation centers
- Rehabilitation departments
- Outpatient centers
- Camp
- Online programs



Rehabilitation program:

- program duration 21 days
 - assessment by a multidisciplinary team
 - psychosocial interventions
 - online support after patient discharge



Reintegration of veterans into social life: CAMP

GOAL OF THE RECOVERY PROGRAM:

- Restoring the mental health of veterans/their families
- Reintegration of veterans into social life
- Development of productive coping strategies
- Work with grief



REHABILITATION AREAS

Psychological - incoming/outgoing diagnostics, self-help protocols from ITC, protocols of the SETA program, psychoeducation on pressing issues.

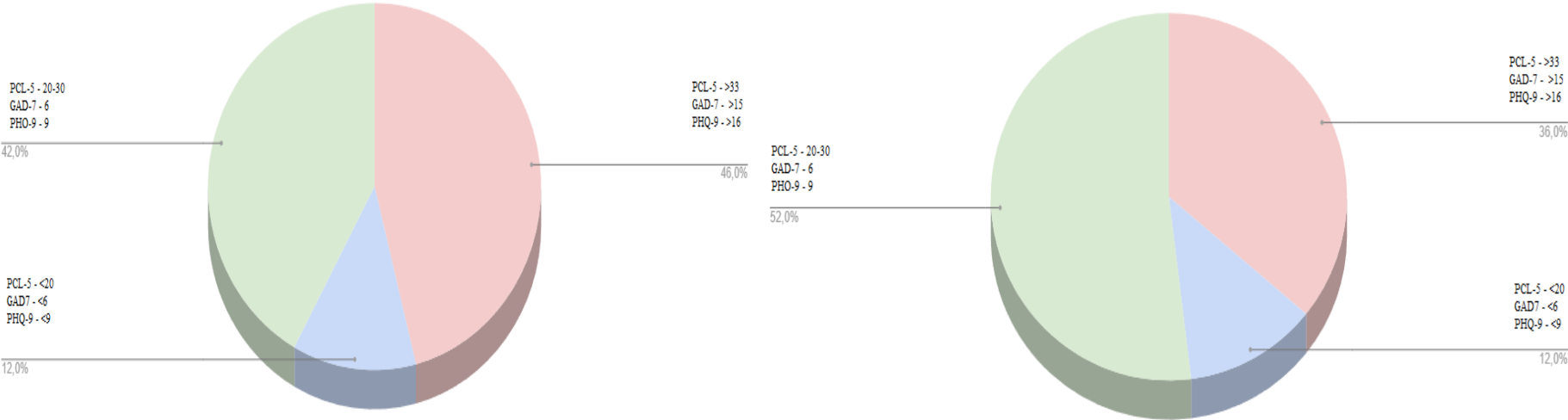
Social - legal counseling, career guidance, education and training, employment

Medical diagnostics - comprehensive medical examination

Psychophysiological - morning exercises, nature walks/hiking.



Results



Burnout prevention

self-help trainings

psychoeducation

the rules of communication

conferences

personal growth trainings



Thank you for your Support and Attention!



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